



PAEDIATRIC COELIAC DISEASE

Coeliac disease is a lifelong autoimmune condition of the small bowel, caused by a reaction to gluten – a protein found in wheat, barley and rye. It can occur at any age, including in babies during weaning where they are introduced to gluten-containing foods for the first time.

Symptoms of Coeliac Disease in Children



Diarrhoea or constipation



Recurrent stomach pain and bloating



Nausea and vomiting



Tiredness and lethargy



Iron, vitamin B12 or folic acid deficiency

Heightened Risk...



Type 1 diabetes



Thyroid problems



Family history



HLA-DQ2 or HLA-DQ8 gene



Previous digestive infection



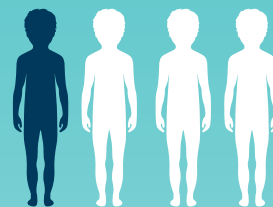
Down's syndrome

100

1 in 100 are estimated to suffer from coeliac disease across Europe



1 in 10 chance of developing coeliac disease if a first-degree relative is diagnosed



Only 1 in 4 people who have the condition have been diagnosed



The only treatment for coeliac disease is by following a **gluten free** diet

References

<http://www.aoecs.org/>
<https://www.ueg.eu/home/>
<https://www.coeliac.org.uk/home/>